



The Kitsap Wave



A Newsletter for Port Orchard Business and Professional Women
(Editor: Barbara Luddon, 360-373-0431, barbluddon@q.com)

October 2011

Port Orchard BPW Officers 2011-2012

• President
Wilma Eads
(360) 871-2445

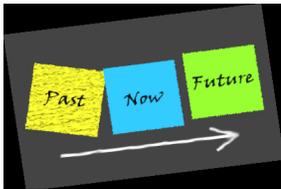
• Vice President

• Secretary
Claudia Heckart
(360) 275-1216

• Treasurer
DeLona Kent
(360) 871-0208

Website:
www.bpwportorchard.org

State Website:
www.bpwwa.org



**Hold On Tight to the Past
Take a Deep Breath –
And Leap Forward...**

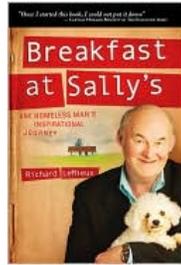
Business and Professional Women's Foundation is creating successful workplaces by focusing on issues that impact women, families and employers. Successful Workplaces are those that embrace and practice diversity, equity and work life balance. BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and business. BPW Foundation is a 501(c)(3) research and education organization.

The Business and Professional Women's Foundation
1718 M Street
Washington, D. C. 20006
www.bpwfoundation.org

In Celebration of National Business Women's Week,

Port Orchard Business and Professional Women Present

An Evening with Richard LeMieux



at
China Sun Buffet
4331 Bethel Rd SE
Port Orchard

Wednesday, October 19, 2011
5:30 – 6:00 PM Check-in and Social
6:00 – 8:00 PM Dinner and Speaker

Tickets are \$25.00 each – includes dinner and program
Seating limited to 36 – Register Now!
Reservation Deadline = October 12.

Make reservations with Barbara Luddon (360-373-0431, barbluddon@q.com)

Make check payable to:
Port Orchard BPW
Mail with your reservation to:
Port Orchard BPW
165 NW Alta Drive
Bremerton, WA 98310

News from Business and Professional Women's Foundation:

BPW Foundation Friends and Supporters:

Business and Professional Women's Foundation and women veterans need your vote! BPW Foundation is very proud to have been selected as one of four charities to be part of Alliant Credit Union Foundation's *Make It Count: Vote to Give Back Campaign*. Based on the number of votes we receive, Alliant will donate between \$7,000 and \$13,000 toward our

programs supporting women veterans.

All of the charities are worthy, but we hope you will vote for BPW Foundation, so we can carry on our important work supporting women veterans and military spouses as they seek successful careers and lives. This is a much overlooked yet deserving group, and they need all of our help! Voting started at midnight on Thursday, September 1 and ends at 5:00 PM CST on October 31, 2011. **You may vote three times.**

In addition to voting for BPW Foundation, we ask you to please ... **share this information with your networks. Please contact at least 20 friends** and ask them to support women veterans by **voting three times** for *BPW Foundation: Joining Forces for Women Veterans*.

Visit the [Alliant Credit Union Foundation website](http://www.alliantcreditunion.com) to read about the four charities and **vote** for BPW Foundation: *Joining Forces for Women Veterans* **three times** on the [Alliant Facebook page](https://www.facebook.com/bpwfoundation) for *BPW Foundation: Joining Forces for Women Veterans*. After voting, contact your friends, and urge them to do the same.

BPW Foundation's *Joining Forces for Women Veterans Mentorship Program* is working to establish a network of 10,000 mentors to help and support women veterans and military spouses by the end of 2012. We are also providing scholarships to women veterans to help them develop the skills and training they need to pursue successful civilian careers. Join us in this effort by voting **three times** for *BPW Foundation: Joining Forces for Women Veterans*.

In summary:

- 1) Visit this link:
<https://www.facebook.com/alliantcreditunion>
- 2) Vote for BPW Foundation three times

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- 3) Share this link and instructions on your Twitter/Facebook/LinkedIn
- 4) Ask 20 friends to vote for BPW Foundation

Thank you for your support for women veterans,



Deborah L. Frett
CEO
Business and Professional Women's Foundation



Roslyn Ridgeway
Chair
Business and Professional Women's Foundation

President's Message...

The Past

Barbara Luddon and I attended the Fall Board in Issaquah on October 1. Eldean Montgomery, our State President, chose for our theme this year. "Hold on tight to the past - Take a deep breath. And leap forward --" The inspiration was a young lady who had actually pounded nails and helped build the modern, green, YWCA building in which we met. She had such pride in the place and program. Nancy Sorensen, attorney from West Seattle, spoke on "Packing your own Parachute," giving excellent information on how to avoid law suits and live a happier life. Then in the afternoon, Sunny Kobe Cook, spoke on "Turning Ordinary into Extraordinary" through three principles, (1) try something new each day, (2) talk to everyone and (3) always be grateful.

The Present

What are you doing now to make out October 19th meeting the best ever? How many young women starting out in business have you invited? How can you support the Salvation Army when they come? We must work diligently to help our community and hopefully increase our scholarship fund. Go all out. Ask former members. Ask

neighbors. Ask associates in other organizations to which you belong. You go, Girl.

The Future

Richard Lemieux, author of "Breakfast at Sally's will be our guest on October 19th. He is such a humble, dear soul. He suffered so much and has experienced such loss and heartache that he intimately appreciates life and others. He will speak from his heart and ours will be enlarged.

What a pleasure to join forces with you to help and improve our community,

Wilma Eads
President



HISTORY

The concept of **National Business Women's Week**® originated with Emma Dot Partridge, Executive Secretary of the National Federation of Business and Professional Women's Clubs from 1924 to 1927. The first annual observance of **NBWW** was held April 15-22, 1928, when National President Lena Madesin Phillips opened the week with a nationally broadcast speech. She stated that the purpose of the week was "to focus public attention upon a better business woman for a better business world." From this early effort, **NBWW** has grown into a nationwide salute to all working women.

The program for the first observance of **NBWW** included: *Legislative Day* devoted to national, state and local legislation of interest to women; *Education Day* devoted to emphasizing the need for equitable educational opportunities; *Club Rally Day* for prospective new members; *Community Day* honoring leaders in the community; and *Goodwill Day* devoted to working with other women's organizations.

In 1938, **NBWW** was moved to the third full week of October. U.S.

President Herbert Hoover was the first president to issue a letter recognizing **NBWW** and the contributions and achievements of working women.

The celebration of **NBWW** has helped to promote leadership roles for women and to increase opportunities for their advancement professionally and personally.



October = National Breast Cancer Awareness Month

Breast Cancer Awareness Month (BCAM) is an annual international health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. The campaign also offers information and support to those affected by breast cancer.

As well as providing a platform for breast cancer charities to raise awareness of their work and of the disease. BCAM is also a prime opportunity to remind women to be breast aware for earlier detection.

History

NBCAM was founded in 1985 as a partnership between the American Cancer Society and the pharmaceutical division of Imperial Chemical Industries (now part of AstraZeneca, maker of several anti-breast cancer drugs). The aim of the NBCAM from the start has been to promote mammography as the most effective weapon in the fight against breast cancer.

In 1993 Evelyn Lauder, Senior Corporate Vice President of the Estée Lauder Companies founded The Breast Cancer Research Foundation and established the pink ribbon as its symbol, though this was not the first time the ribbon was used to symbolize breast cancer. In the fall of 1991, the Susan G. Komen Foundation had handed out pink ribbons to participants in its New York City race for breast cancer survivors.

(source:
http://en.wikipedia.org/wiki/National_Breast_Cancer_Awareness_Month)

Port Orchard, Washington
Business and Professional Women
Meeting Minutes
Wednesday, September 14, 2011
At the Lighthouse Restaurant in Port Orchard
Attendance: 11

5:30 pm – Networking and ordering dinner.

5:45 – Meeting called to order by President Wilma Eads; Collect was said by all. A moment of silence was held in memory of Marie Erdmann, who passed away recently. Delona Kent led us in the Pledge of Allegiance.

An Inspiration was given by Leslie Cole; followed by Introduction of Members, with each giving a special memory of Marie Erdmann.

6:15 dinner served

REPORTS:

DeLona Kent gave the Treasurer's Report
Copies of the approved minutes were emailed to everyone by Secretary Claudia Heckart.

Book report by President Wilma Eads – *How to Succeed in Business Without a Penis, Secrets and Strategies for the Working Woman*; -- by Karen Salmansohn

She shared some of the highlights in the book:

Your work has to be your passion

Use talk that informs; no gossip or off-the-subject

Know the pitfalls of ego

Don't lie, for lies will out

Expect great results

Joke about everything, but not about the boss

Don't be a work martyr; be smarter

Motivate through warmth not war

Be fearless in asking for help

Women can read people over 20,000 times better than a man

NEW BUSINESS:

Our goal is to increase our membership. New members can now go directly to the website to download an application. Leslie Cole will talk to someone if we refer them to her.

Ideas for making money: take a booth at a fair, get some presence – Kitsap Co; Blackberry Festival; Fathoms of Fun.

Put a raffle basket somewhere? Partner with another non-profit?

Place to meet? China Sun? Moon Dogs, upstairs? (not a good idea)

Next meeting, Oct 19, is an Event. We will meet at the China Sun. Author Richard LeMieux, *Breakfast at Sally's*, will be our speaker. Need to advertise. Contact Chamber of Commerce to put it in their newsletter. Speaker will accept an honorarium – no specific amount. Treasurer DeLona Kent says we can pay him \$50.

We can charge a set fee for registration, and we pay the restaurant. \$20? \$25? Set a cut-off date for registration.

President Wilma Eads appointed a committee to handle this event: Barbara Luddon, Leslie Cole and Wilma Eads will work on the project.

Raffle winner was: Leslie Cole

Meeting was adjourned at 7:50 pm.

Respectfully Submitted by Claudia Heckart, Secretary

Church Ladies With computers.

They're Back! Those wonderful Church Bulletins! Thank God for church ladies with computers. These sentences (with all the BLOOPERS) actually appeared in church bulletins or were announced in church services:

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you.

Don't let worry kill you off - let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be tryouts for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall. Music will follow..

At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.

Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

Please place your donation in the envelope along with the deceased person you want remembered..

The church will host an evening of fine dining, super entertainment and gracious hostility.

Potluck supper Sunday at 5:00 PM - prayer and medication to follow.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

This evening at 7 PM there will be a hymn singing in the park across from the Church. Bring a blanket and come prepared to sin

Ladies Bible Study will be held Thursday morning at 10 AM. All ladies are invited to lunch in the Fellowship Hall after the B.S. is done.

The pastor would appreciate it if the ladies of the Congregation would lend him their electric girdles for the pancake breakfast next Sunday.

Low Self Esteem Support Group will meet Thursday at 7 PM Please use the back door.

(Thanks to Marcia Loraditch for the above excerpt from an email. Sorry there wasn't enough space for the last 3 items.)



Barbara Luddon
 165 NW Alta Drive
 Bremerton, WA 98310



2011

- October National Breast Cancer Awareness Month
- October 1 BPW/WA Fall Board, YWCA Family Village, Issaquah
- October 10 Columbus Day (observed)
- October 17 National Boss' Day
- October 17-21 National Business Women's Week
- October 19 Port Orchard BPW meeting – An Evening with Richard Lemieux
- October 24 United Nations Day
- October 31 Halloween

2012

- January 30 Lobby Day, Olympia
- April 20 Equal Pay Day
- May 18-20 BPW/WA State Conference

