



The Kitsap Wave



A Newsletter for Port Orchard Business and Professional Women
(Editor: Barbara Luddon, 360-373-0431, barbluddon@q.com)

May 2013

Port Orchard BPW Officers 2012-2013

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Claudia Heckart
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Website:
www.bpwportorchard.org

State Website:
www.bpwwa.org



BPW WA 2012-2013:
"Planting Roots for the
Future"

Business and Professional Women's Foundation is creating successful workplaces by focusing on issues that impact women, families and employers. Successful Workplaces are those that embrace and practice diversity, equity and work life balance. BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and business. BPW Foundation is a 501(c)(3) research and education organization.

The Business and Professional Women's Foundation
1718 M Street, NW
Washington, D. C. 20006
www.bpwfoundation.org



Meeting

Port Orchard BPW
Wednesday
May 8, 2013
5:30 PM

Town Square Events Center
1700 SE Mile Hill Drive
Port Orchard

Margaret Way, BPW/WA Past State President will be our guest speaker.

Contact DeLona Kent at 360-871-0208 for further information and reservations.

President's Message ...

My May message is the Annual Report I've submitted for the state conference (shown below).—Wilma Eads, President

BPW/WA Officer Report

2013 BPW/WA State Conference
Wilma Eads, President Port Orchard BPW

GOALS FOR THE YEAR

Our goals were (1) to find a larger meeting **place** (2) to increase our **membership** (3) to increase **funds** for our scholarships (4) to increase **friendship** with each other. The theme for our year was the old Best Foods jingle, "**Bring out the PO/BPW: bring out the best.**"

MAJOR ACTIVITIES

We started with a membership drive in **September** with Terry Ray as our speaker. In **November** we had Jennifer Hardison from South Kitsap Helpline as our speaker. We wrapped packages at the Silverdale Barnes and Noble several days in **December**.

There were greater donations given on Christmas Eve. We had a lovely Christmas party at our new meeting place - Events Center at the Towne Square Mall in Port Orchard. Our most fun time was setting up our members as vendors at our **January** meeting and buying from them. We are the most fashionable of women with our Grace Adele purses We had a panel of women (Helpline Jennifer Hardison, YWCA Linda Joyce, American Airlines stewardess Randi Reed) invited to speak in **February**, but all our members were sick or gone so we had to cancel. Debbie Brockman, Legal Advocacy Director, from the Bremerton YWCA, spoke at our **April** meeting.. She invited us to participate in a Girls' Conference in October. In **May** our major activity is the awarding of a scholarship to one graduating senior from South Kitsap High School and one mature woman returning to Olympic College.

"Bring out the PO/BPW: bring out the best."

ACCOMPLISHMENTS

We did find a new meeting place and caterer. We worked diligently to bring in more members. We had a wonderful array of visitors but no new members. We were able to give two \$500.00 scholarships. We had more fun, laughter, joy and tears together.

"Bring out the PO/BPW: bring out the best."

ACKNOWLEDGEMENTS

I would like to acknowledge, **Leslie Cole**, our vice-president, for her energy and enthusiasm in our summer planning meeting. We decided to have a year alternating between a planning meeting month and then a special event month.

I would like to acknowledge, **Claudia Heckart**, our secretary, for her

perfect attendance, excellent minutes and inspirations. I always ask her not to share the one about the telephone operator who so changed the life of destitute boy because the night she did share it, I was so in tears I could hardly continue the meeting.

I would like to acknowledge, **DeLona Kent**, our treasurer, for her elegance, royalty and endless enthusiasm for our club. She epitomizes BPW and reigns over the PO/BPW.

I would like to acknowledge **Barbara Luddon** for her excellent work on our monthly newsletter, [The Kitsap Wave](#). It is full of pertinent, interesting information each month.

I would like to acknowledge each **member** of our club for they truly are “the best.” **“Bring out the PO/BPW: bring out the best.”**



(Press Release April 29, 2013)

Foundations Launch Financial Literacy Support Program for Women Veterans and Military Spouses During Financial Literacy Month

(Washington, DC) – [Alliant Credit Union Foundation](#) and [Business and Professional Women's Foundation](#) are partnering to provide free financial education, counseling, and tools for the rapidly growing community of women veterans and military/veteran spouses served by [Joining Forces Mentoring Plus®](#) to promote and facilitate economic stability and prosperity in their civilian lives. These financial literacy resources will be available to all members of BPW Foundation's [Joining Forces Mentoring Plus®](#) online employment mentoring platform through a designated Financial Literacy Portal with access to

online, phone, and one-to-one counseling and education.

Alliant Credit Union and BPW Foundation will jointly seek additional credit union partners to join a consortium that leverages individual business strategies, marketplace strengths, and geography to meet the diverse and expanding needs of [Joining Forces Mentoring Plus®](#) women veterans and military/veteran spouses. The consortium will develop and oversee financial resources that include helping younger women veterans establish credit, military spouses facing portability challenges as a result of frequent moves, older women veterans looking to plan for retirement or second careers, caregivers of wounded warriors saddled with responsibility for family finances, as well as entrepreneurs and business owners seeking advice and access to capital.

David Mooney, Alliant Credit Union President/CEO, has championed financial literacy initiatives across a broad spectrum of consumers, including children and women. Alliant Credit Union Foundation's early support of BPW Foundation's 2010 [Joining Forces for Women Veterans National Summit](#) helped identify and focus attention on the specific financial education needs of women leaving the military. Subsequent research and learning led to the development of a tailored financial literacy library in a trusted setting to respond to the overwhelming need among women veterans and military/veteran spouses.

“There is no question that our [Joining Forces Mentoring Plus®](#) audience of women veterans and military/veteran spouses needs access to financial literacy tools and education to find and understand the resources that will enable them to support themselves and their families. Alliant Credit Union's commitment to providing financial literacy for women in general, and military women in particular, makes them the ideal lead partner for this consortium. BPW Foundation is grateful for the continuing support of Dave Mooney, Alliant Credit Union and its Foundation,” said Deborah L.

Frett, BPW Foundation CEO. “We are excited at the prospect of offering our audience a unique credit union membership opportunity as well as credentialed, personal one-to-one counseling and education. Alliant Credit Union's online presence affords us the ideal launchpad for an expanding partnership with credit unions across the U.S.”

David Mooney added, “The purpose of Alliant Credit Union Foundation is to promote economic empowerment and self-sufficiency. One way we do this is by supporting financial literacy-related initiatives. It's especially gratifying for us to provide such assistance to women veterans and military/veteran spouses through our partnership with BPW Foundation.”

The Credit Union Financial Literacy Portal is the latest addition to the growing list of free resources and information available to women veterans and military/veteran spouses via BPW Foundation's [Joining Forces Mentoring Plus®](#) internet platform, which connects volunteer working women mentors and subject matter expertise to support success in the civilian workplace. The program's “Working Women Helping Women Work” philosophy builds on a workforce development model to help women veterans and military/veteran spouses navigate their individual challenges finding and succeeding in civilian careers.

BPW Foundation identified employment and career mentoring as a critical need of transitioning women veterans during its inaugural [Joining Forces for Women Veterans National Summit](#) in October 2010. First Lady Michelle Obama recognized this “mentorship gap” in the White House's selection of BPW Foundation as the lead organization for a large-scale mentoring initiative to benefit women veterans and military/veteran spouses. BPW Foundation has since forged partnerships with more than 54 corporations and non-profit organizations to fulfill this mandate, and at the recent White

House Champions for Change:
Women Veterans event The First
Lady recognized BPW Foundation
"for the exceptional work that they
do every day for women veterans."

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About BPW Foundation

BPW Foundation supports
workforce development programs
and workplace policies that
recognize the diverse needs of
working women, their families,
communities, and businesses.
BPW Foundation is a 501 (c) (3)
research and education
organization. To learn more, visit
<http://www.bpwfoundation.org>.
Please sign up to join the [Joining
Forces Mentoring Plus®](#)
community as a member, mentee,
mentor, or subject matter expert at
[Joining Forces Mentoring Plus®](#).

About Alliant Credit Union Foundation

Alliant Credit Union Foundation is
a 501c3 not-for-profit charitable
organization established in 2009
via a \$4 million grant from Alliant
Credit Union. The foundation and
credit union are both
headquartered in Chicago near
O'Hare International Airport at
11545 W. Touhy Avenue. The
foundation's purpose is to promote
economic empowerment and self-
sufficiency, especially for people in
the communities in which Alliant
Credit Union members and
employees live and work. One way
it does this is by supporting
programs that enhance education
and financial literacy. The
foundation makes charitable
contributions, supports financial
literacy activities and makes
investments to fund community
development projects. The
foundation, a legal entity separate
from the credit union, is managed
by a board of directors comprised
of Alliant employees.

For additional information, visit
www.alliantcreditunionfoundation.org
or call toll- free at [800.328.1935](tel:800.328.1935),
[ext.8635](tel:ext.8635).



Minutes

Port Orchard, Washington Business and Professional Women Wednesday, April 10, 2013 At the Capriccio Cafe in Port Orchard Attendance: 9

5:30 pm – Networking and ordering dinner.

5:45 – Meeting called to order by President Wilma Eads; Barbara Luddon led us in the Pledge of Allegiance. Collect was said by all.

An Inspiration was given by Claudia Heckart; followed by Introduction of Members.

REPORTS:

Copies of the approved minutes were emailed to everyone by Secretary Claudia Heckart.

Nominating Committee Chair Barbara Luddon moved that the current officers continue in office another year since no new ones had been nominated. She recommended that Secretary Claudia Heckart cast an elective ballot, which she did. Motion carried. Next year's officers are: President Wilma Eads; Vice President Leslie Cole; Treasurer DeLona Kent; Secretary Claudia Heckart.

GUEST SPEAKER: Debbie Brockman, Legal Advocacy Director, from the Bremerton YWCA shared information about the local YWCA. Their main focus is to help people suffering domestic abuse. The Y gives them emergency shelter for 30 days, though many stay longer, sometimes 3-4 months while they seek permanent housing. Counseling is available, also help with job-hunting; support groups. Food, clothing, shelter, and support is available, at no charge. Legal help is also available – helping them through the process. They accept donations of new or gently-used clothing, shoes, and accessories; especially something that can be worn for job applications, in court, etc. They offer training programs also. October is National Domestic-violence Awareness month. They are planning a girls' conference (3rd week); aiming to teach them to make better choices in their lives. Speakers would include successful women in the area – role models for them. Our BPW group would like to help with this project.

STATE CONFERENCE – State President Terry Ray was with us and talked about the BPW/WA Annual State Conference coming up soon in Mukilteo, May 17-19

There will be dynamic speakers, entertainment, and a great trade show. Past state presidents will be honored. The agenda will be followed faithfully – if there is anything to add, it must be done before the event. When filling out your registration, please add how long you've been a member.

Raffle Winner: President Wilma Eads (then given to State President Terry Ray)

Meeting was adjourned at 7:28 PM.

Respectfully Submitted by Claudia Heckart, Secretary



Business and
Professional
Women's
Foundation

News for BPW Foundation Legacy Partner Members

April 20, 2013

Roslyn Ridgeway to Chair BPW Foundation

The BPW Foundation Board of Trustees regrettably accepted the resignation of Chair Barbara Henton who submitted her resignation on April 4th, for personal reasons. In her letter, Barbara thanked the Board for its support. She wished the Foundation success in all of its endeavors and said she would continue to support the Foundation in any way she could.

Vice Chair Roslyn Ridgeway will assume the duties of the Chair until the end of the term this summer. "Barbara has spent 30 years supporting working women and their families through her work and leadership with BPW/USA and then BPW Foundation," Roslyn Ridgeway said. "We are grateful for her time and energy and thank her for years of devoted service."

Debbie Frett to Receive "Honorary Woman Veteran" Award

Women Veterans Interactive (WVI) announced five outstanding women who are recipients of this year's "Honorary Woman Veteran" Award. These women have made a significant impact on the lives of women veterans. **Debbie Frett**, BPW Foundation CEO will be among those honored May 18 at the first Annual Women Veterans Awards Brunch.

The other honorees are **Congresswoman Donna Edwards**, Maryland 4th Congressional District, **Lisa Stern** Economic Empowerment Executive Vice President, Wounded Warrior Project, **Pamela Stokes Eggleston, MBA, RYT** Director of External Affairs and a Co-Founder, Blue Star Families and **Sally A. Koblinsky, Ph.D.** Professor, Family Science ADVANCE Professor, School of

Public Health University of Maryland College Park.

WRAP 2013 – Next Event in Sacramento, CA

This year BPW Foundation and Women Impacting Public Policy (WIPP) have joined together to raise awareness of women's health in the workplace and launched (Working Women's Rheumatoid Arthritis Project (WRAP2013)). So far we have hosted a successful on line chat and a panel in Florida at the Enterprising Women of the Year Awards luncheon. You can still listen to this fascinating and informative panel online.

Our next event will be held April 25th in **Sacramento, CA** in conjunction with the California Black Chamber's African American Leadership "Economic Issues Forum". BPW members are invited to attend, at no charge, the panel discussion on the important issue of how chronic disease affects women in the workplace. Questions regarding how employees can communicate their condition to employers, how employers can accommodate their staff and what resources are available to support large and small businesses alike will be addressed. Panelists will include a health advocate for chronic disease sufferers, an employer with success accommodating their employees, a patient who knows first hand the impact in the work force and a policy maker focused on supporting working women and their health.

The panel will be held April 25 at 2:15 pm at the Hilton Hotel-Arden, 2200 Harvard Street, Sacramento, CA. If you are interested in attending you must register by Monday, April 22 with John Stanford at jstanford@madisonservicesgroup.com.

If you suffer from RA please consider sharing your story on the WRAP 2013 website.

Save the Date! BPW/PA is hosting the next Women Professional

Empowerment Alliance (WPEA) conference July 26-27, 2013 in Pittsburgh, PA. If you missed the great event hosted by BPW/MA in July 2012, you won't want to miss this meeting. Check the BPW/PA website for more information. You can also contact Bernadette Koval at bernie69@comcast.net

Spring is a time of new beginnings. Expand your horizons by learning something new. BPW Foundation, partnering with Ed2Go, offers a wide range of highly interactive courses that you can take entirely over the Internet. Ed2go is the industry leader in online learning for adults, providing high-quality online continuing education courses that are affordable and easy to use through a network of over 1,800 top colleges and universities.

GEICO's affinity partnership supports BPW Foundation's research and programs. GEICO also provides exclusive insurance product discounts for members of BPW Foundation's network. We invite you to "click" <http://www.geico.com/disc/BPW> or call 800-368-2734 to obtain a simple, no-obligation rate quote. Be sure to mention BPW Foundation to see if you can save on your auto and/or homeowner's insurance.

There's another reason to ask for insurance quotes! When you "click" for an insurance quote, **GEICO makes a financial contribution to help support BPW Foundation's programs and services.** By clicking and obtaining a quote, any BPW Foundation supporter can make a donation to our research and programs.

Booz Allen Hamilton New Leadership Partner

BPW Foundation is proud to welcome Booz Allen Hamilton, a strategy and technology consulting firm, as a new Joining Forces Mentoring Plus™ Leadership partner. Booz Allen women employees will serve as mentors with a new focus on assisting caregivers for wounded warriors.

BPW Foundation Signs Letter Supporting ERA

As part of our ongoing support for ratification of the ERA, BPW Foundation added its name to a letter supporting the “three-state strategy” bill. A “three-state strategy” for ERA ratification was developed after the 27th (“Madison”) Amendment, originally passed by Congress in 1789, was added to the Constitution in 1992. Many ERA supporters contend that since a 203-year ratification period was accepted then, it should also apply to the ERA’s ratification.

This month Senator Ben Cardin (D-MD) re-introduced a bill that would require only three more states to complete the ERA ratification process. His office is seeking co-sponsors and asked that women’s organizations provide their endorsement of the legislation. Naturally BPW Foundation responded in the affirmative.

Another Woman in Congress

On April 9, Rep. Robin Kelly (D-IL) won a special election to fill the seat vacated by former Rep. Jesse Jackson Jr. (D-IL), who resigned in November 2012. She was sworn in to the 113th Congress on April 11. Rep. Kelly’s election brings the number of women serving in the 113th Congress to 101, including 81 women in the House of Representatives (including three Delegates) and 20 women in the Senate.

Equal Pay Guide

The DOL Women’s Bureau has released [A Guide to Women’s Equal Pay Rights](#), which educates employees about their rights under the existing equal pay laws with detailed answers to questions such as: “What are my equal pay and compensation rights under federal law?” The guide also supplies helpful tips and resources if you feel you are experiencing compensation discrimination.

To meet the diverse needs of today’s workforce, the *Guide* is offered in four additional languages: [Spanish](#), [Chinese](#), [Vietnamese](#) and [French](#).

BPW in Action

BPW Foundation CEO, **Debbie Frett** participated in the Pfizer Small Business Council and Health Advocate Leadership Series April 4. The topic for the Spring meeting centered on how to work with Governors’ and their offices and engaging leaders at the state level.

Sherry Saunders, Director of Communications, attended the National Committee on Pay Equity’s Winn Newman Award for 2013 on Equal Pay Day. This year’s winner was Lisa Maatz, AAUW’s director of public policy and government relations.

Joan Grey, Mentoring Liaison, and **Lisa Smith Rodriguez**, Mentoring Coordinator, attended the Military Officers Association of America (MOAA) Career Fair. Rene Drumheller, a U.S. Army Veteran with five years of service in the Army Medical Service Corps and a Joining Forces Mentoring Plus™ mentee was featured on a MOAA/BPW Foundation panel discussing how mentoring helps women find and advance their careers.

Are You Registered for BPW/WA State Conference?

The late registration fee of \$10.00 applies now, but conference registrar Barbara Luddon is still accepting registrations.



WPEA

You ask what is WPEA?

Women’s Professional Empowerment Alliance is an offshoot of the old BPW National Convention, which was held every year in different states where every state Federation sent representatives. When BPW/USA disbanded the State Federations wanted to stay in touch, but could not use BPW/USA so, the event’s name was changed to WPEA.



Business and Professional Women’s Foundation

April 29, 2013

BPW/Pennsylvania is hosting the 2013 **Women’s Professional Empowerment Alliance** meeting July 25, 26, and 27 in Pittsburgh, PA. All BPW members from across the country are invited to get together to network, learn about issues important to women, share what you are doing in your states, and to just have fun. This will be a great opportunity to renew friendships with your BPW sisters from other states as well as make new friends. Last years’ excellent meeting was hosted by BPW/Massachusetts.

A few highlights include:

- **Friday 1:00 Tour of Pittsburgh with Dinner**
- **Friday night – hospitality and YC/ID panel discussion**
- **Saturday – Speakers, Discussion**
- **Saturday Night – Dinner and Three Rivers Cruise**

We hope that every state will be represented. For more information and to register visit the [BPW/PA Website](#). (<http://www.bpwpa.org/WPEA.htm>)



Working Women Helping Women Work®



Barbara Luddon
 165 NW Alta Drive
 Bremerton, WA 98310



2013

- May 1 May Day
- May 5 Cinco de Mayo
- May 8 Port Orchard BPW monthly meeting
Towne Center Mall Events Center
- May 12 Mother's Day
- May 17-18 BPW/WA State Conference
Hilton Garden Inn, Mukilteo, WA
- May 18 Armed Forces Day
- May 27 Memorial Day

Happy Mother's Day!



Armed Forces Day

