



# The Kitsap Wave



A Newsletter for Port Orchard Business and Professional Women  
(Editor: Barbara Luddon, 360-373-0431, [barbluddon@q.com](mailto:barbluddon@q.com))  
**April 2014**

## Port Orchard BPW Officers 2013-2014

• President  
Leslie Cole  
(360) 373-5875

• Vice President  
Alison Sonntag  
(360) 871-2633

• Secretary  
Claudia Heckart  
(360) 275-1216

• Treasurer  
DeLona Kent  
(360) 871-0208

Website:  
[www.bpwportorchard.org](http://www.bpwportorchard.org)

**State Website:**  
[www.bpwwa.org](http://www.bpwwa.org)

BPW WA 2013-2014:



**"Nurturing the Roots"**

**Business and Professional Women's Foundation** is creating successful workplaces by focusing on issues that impact women, families and employers. Successful Workplaces are those that embrace and practice diversity, equity and work life balance. BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and business. BPW Foundation is a 501(c)(3) research and education organization.

**The Business and Professional Women's Foundation**  
1718 M Street, NW  
Washington, D. C. 20006  
[www.bpwfoundation.org](http://www.bpwfoundation.org)



*Meeting*

## Tuesday, April 8, 2014

5:15 pm Social  
5:30 pm Dinner  
6:15 pm Program  
7:30 pm Café closes

**Home Made Café**  
537 Dekalb Street  
Port Orchard

**Judge Marilyn G. Paja**, Kitsap County District Court, will be the guest speaker. She will speak about her work on the Gender and Justice Commission.

Invite your friends to hear her presentation.

Dinner menu: "a beautiful Greek Salad with feta, romaine, spinach, red onion, cucumber and olives, along side of it sliced baked chicken breast and steamed carrots, with a light dessert." Dinner charge of \$15.00 includes tax and gratuity.

Meeting/dinner reservations should be made by April 4 with DeLona Kent at 360-871-0208. (Please note that "NO-Shows" will be billed for their dinner.)

## President's Message...

Our March 11th meeting was great success thanks to our guest speaker, Robin O'Grady and Member Spotlight by Barbara Luddon. Robin O'Grady, author of Optimist's Edge: Moving Beyond

Negativity to Create Your Amazing Life, gave us insights on living your dream and supporting women in the community. Her website is OptimistEdge.com.

Our Port Orchard BPW Member Spotlight for March was Barbara Luddon, Comfort Specialist with Jockey Person to Person. She had a wonderful selection of her fashion merchandise available to purchase or order.

We also had a special guest, Corri Langlois, who is planning to represent Port Orchard BPW, as a Young Careerist Candidate, at May 17 BPW State Conference. Corri will present her Young Careerist speech at the April 8th meeting.

Our next meeting is April 8th. The meeting starts at 5:15pm Social/Networking, 5:30pm is Dinner (\$15 per person), 6:15pm Program, and a short business meeting (election of new officers) to follow the program.

It will be great to have each of you join us and bring a guest! We take reservations ahead of time so that the Cafe will know how many to plan for - please contact DeLona Kent (871-0208) by April 4th with your reservation. No Show Reservations will be billed for their dinner order.

Hope to see you on April 8th.

Please join me in bringing out the Best of POBPW and encourage others to join us!

Leslie



Business and  
Professional  
Women's  
Foundation

## BPW Foundation's Joining Forces Mentoring Plus® Launches Women Veteran Focused Job Board

Partnership with  
DirectEmployers Matches  
Veterans Skills with  
Available Jobs

Washington, D.C.– Through a partnership with DirectEmployers, a leading nonprofit HR consortium of global employers, Joining Forces Mentoring Plus (JFMP) members now have access to a state of the art military focused job board that targets their unique skills and talents. The job board features a unique translation tool that assists transitioning military personnel find jobs related to their MOS/MOC code, in addition to other job search parameters such as location, keyword and company name. JFMP users can access the job board by visiting the Joining Forces Mentoring Plus website, clicking on the 'Jobs' link in the top navigation bar, then selecting the 'Jobs Portal' link listed in the drop down menu.

“Our partnership with DirectEmployers strengthens our commitment to empower women veterans by providing them with the tools, support and access to jobs needed to advance in today’s increasingly competitive job market,” said Deborah Frett, Chief Executive Officer, Business and Professional Women’s Foundation. “Not only are we excited to help women veterans connect with jobs, our partnership with DirectEmployers gives us an opportunity to showcase jobs from our corporate partners who have made a commitment

to hire transitioning military and veterans.”

Bill Warren, Executive Director, DirectEmployers Association commented, “As a veteran myself, I understand the challenges that transitioning military personnel and their spouses face when searching for civilian employment, as well as the additional difficulties women veterans face. The Association is honored to support the BPW Foundation’s effort to find meaningful employment by providing our nation’s heroes with a direct connection to military-friendly employers via an exclusive .JOBS site.”

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### About Direct Employers

DirectEmployers Association is a leading nonprofit HR consortium of global employers that was formed to assist in the sharing of ideas, incorporating of best practices, and research and development of technology where labor practices are concerned. Through this consortium, business standards are shaped and technology is used with respect to the diversity that is reflected in the various cultures embodied global workforce. Our recognized expertise in compliance, recruitment and cost effective technology enables our members to reach the largest, most diverse pool of quality job seekers worldwide.

### About Joining Forces Mentoring Plus and BPW Foundation

BPW Foundation’s Joining Forces for Women Veterans and Military Spouses Mentoring Plus™ was developed following the October, 2010 Joining Forces for Women Veterans Summit, which found the need for informed, committed mentors to position and assist women veterans as they search for new employment, hone their career goals, and package their military skills and experience to

gain access to meaningful civilian jobs. First Lady Michelle Obama and Dr. Jill Biden highlighted this “mentorship gap” when they applauded BPW Foundation’s mentoring initiative as part of the White House’s national Joining Forces effort.

Joining Forces Mentoring Plus provides free employment tools and connects women veterans of all branches, eras, ranks and military/veteran spouses with volunteer working-women mentors and subject-matter experts. The program, framed around “Working Women Helping Women Work,” meets these women where they are and helps them translate their military skills and build self-confidence to find and keep meaningful civilian careers, or start and grow their own businesses.

BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, their families, communities and businesses. BPW Foundation is a 501 © (3) research and education organization.

To learn more, visit <http://www.bpwfoundation.org>. To join the mentoring program as either a mentor, subject matter expert or mentee sign up on the [joiningforcesmentoringplus.org](http://joiningforcesmentoringplus.org) webpage.

Business and Professional Women's Foundation  
tel: 202.293.1100 | [www.bpwfoundation.org](http://www.bpwfoundation.org) | [foundation@bpwfoundation.org](mailto:foundation@bpwfoundation.org)

Official Call to State Conference and Conference Registration form will be sent with this newsletter. See [www.bpwva.org](http://www.bpwva.org) for info on conference program advertising and market place expo or contact newsletter editor, if interested.



*Thank You*



Dear Barbara & Wilma ————— 3/7/2014

Thank you so much for attending the Multicultural & Student Program's Women's Day event of Olympic College! It wouldn't have been possible without the Port Orchard Business & Professional Women. You guys made that significant difference to our students.

Multicultural & Student programs dept  
Student Organization  
-Chadler Garbieri & Karina Farna-

Port Orchard BPW was invited to have an information table at the Olympic College event honoring Women's History Day (held in the Bremer Student Center). The theme of the March 5 event was "Empowering Women" and included a program presenting Elaine Turso Photography's Empowerment Project.

Wilma Eads and Barbara Luddon staffed the POBPW information table, using a display and handouts prepared by Leslie Cole.

Five young women entered their contact information on our sign-up sheet. They will receive the monthly newsletter, and an invitation to attend our meetings and consider membership in our organization.

**Port Orchard, Washington  
Business and Professional Women  
Meeting Minutes, Tuesday, March 11, 2014  
At the Home Made Cafe in Port Orchard  
Attendance: 12**

5:15 pm – Networking and ordering dinner.

5:30 – Meeting called to order by President Leslie Cole. Kathy McInnes led us in the Pledge of Allegiance, followed by the introduction of Members and guests. An Inspiration was given by President Leslie Cole, regaling the glories of Spring. More inspiring quotes can be found at this website:

[www.beliefnet.com/Inspiration/2009/03/Great-Quotes-and-Sayings-about-Spring.aspx](http://www.beliefnet.com/Inspiration/2009/03/Great-Quotes-and-Sayings-about-Spring.aspx)

[www.beliefnet.com/Inspiration/Galleries/Songs-About-Spring.aspx](http://www.beliefnet.com/Inspiration/Galleries/Songs-About-Spring.aspx)

**REPORTS:**

DeLona Kent gave the Treasurer's Report

Copies of the approved minutes were emailed to everyone by Secretary Claudia Heckart.

Lorrie Brown – sent out emails regarding scholarships, responses to come in by April 1<sup>st</sup>.

Mary Boehmer –Sunshine Chair – only birthday in the month was hers – February 22<sup>nd</sup> - Happy Birthday, Mary!

Wilma Eads -Nominations committee – officers are remaining in current positions.

A motion was made by DeLona Kent to allocate \$3 per member into the State Foundation, taken out of our treasury. Seconded by Wilma Eads. Motion carried.

Guests tonight were Rita Keating and Corrie Langlois, our Young Careerist candidate who is studying to be a Nutritional Therapist, focusing on healthy living. President Leslie Cole met her at one of the agility groups, and invited her. She will help her prepare her speech for conference in May.

**GUEST SPEAKER:**

"Optimist Edge" by Robin O'Grady. She lives in Mason County and has written a book about personal development, along with a 5-CD study course. The focus is on helping women who can't help themselves and don't know where to turn. Her theme is: If I can do it, anyone can; don't limit your expectations. Robin's life was not always easy as one of six children of a single mother who constantly battled depression. With her transient lifestyle, 14 schools for 12 grades, she succumbed to the temptations around her got into drugs as a young teenager.

At 24 years old, living alone in an apartment and about to be evicted, she was at the end of her rope. She fell to her knees and prayed, "Don't let me wake up tomorrow."

She called her brother and he took her to a rehab center. She ended up at the House of Hope, which helped her turn her life around.

In 2009 they opened Ohana House (family, no one gets left behind) patterned after House of Hope. Helping women and families get back on their feet.



Barbara Luddon  
 165 NW Alta Drive  
 Bremerton, WA 98310



**2014**

March	National Women's History Month
April	Prevention of Animal Cruelty Month
April 1	April Fool's Day
April 8	Port Orchard BPW meeting – Home Made Café – Judge Marilyn Paja speaking on the Gender and Justice Commission.
April 15	Passover (begins sundown evening of April 14)
April 20	
April 22	Earth Day
April 25	Arbor Day
May 13	Port Orchard BPW meeting - New Officer Induction & Scholarship Awards Ceremony
May 16-18	BPW/WA State Conference, Federal Way

