



# The Kitsap Wave



A Newsletter for Port Orchard Business and Professional Women  
(Editor: Barbara Luddon, 360-373-0431, [barbluddon@q.com](mailto:barbluddon@q.com))  
**April 2013**

## Port Orchard BPW Officers 2012-2013

- President  
Wilma Eads  
(360) 871-2445
- Vice President  
Leslie Cole  
(360) 373-5875
- Secretary  
Claudia Heckart  
(360) 275-1216
- Treasurer  
DeLona Kent  
(360) 871-0208

Website:  
[www.bpwportorchard.org](http://www.bpwportorchard.org)

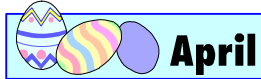
**State Website:**  
[www.bpwwa.org](http://www.bpwwa.org)



BPW WA 2012-2013:  
"Planting Roots for the  
Future"

**Business and Professional Women's Foundation** is creating successful workplaces by focusing on issues that impact women, families and employers. Successful Workplaces are those that embrace and practice diversity, equity and work life balance. BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and business. BPW Foundation is a 501(c)(3) research and education organization.

**The Business and Professional Women's Foundation**  
1718 M Street, NW  
Washington, D. C. 20006  
[www.bpwfoundation.org](http://www.bpwfoundation.org)



## Meeting

**Port Orchard BPW**  
Wednesday  
April 10, 2013  
5:30 PM

**Town Square Events Center**  
1700 SE Mile Hill Drive  
Port Orchard

Debbie Brockman, Assistant Director of the Bremerton YWCA, will be our speaker.

Members are encouraged to bring gift cards/certificates (\$25) that the YWCA can give to needy women.

Contact DeLona Kent at 360-871-0208 for further information and reservations.

### **President's Message ...**

Spring has arrived, and we have seen the sun in all its warmth and light. The earth renews itself: bright, chartreuse grass, blue sky, heavy with bloom magnolia trees, daffodils, and lilies. It is the "bursting forth" of life season. Life blossoms all around us.

At our April meeting, the Port Orchard Business and Professional Women will hear about the YWCA from Debbie Brockman Assistant Director. She will introduce herself and tell us about the action and needs of the Bremerton YWCA. It would be so good if we each could bring a gift certificate (\$25.00) from different stores to give to her to give to needy women. We will be meeting, April 10th at the Events Center in the Towne Square Mall in Port Orchard at 5:30 pm.

We must also prepare to attend the Annual Spring Conference in

Lynwood, WA. This is such a great time to meet others and get good ideas for our club and for life in general. Barbara Luddon and I will be attending. How about you? Remember how important it was for others to attend when we had the conference in Bremerton.

As nature brings out its best in the spring, let us the Port Orchard Business and Professional Women bring out the best in our loyalty to the club, our service to others and our "collect-like" character.

Springing forward with joy,  
*Wilma Eads*  
President

## **Port Orchard, Washington Business and Professional Women**

Meeting Minutes  
**Wednesday, March 13, 2013**  
**At the China Sun Restaurant in  
Port Orchard**  
**Attendance: 6**

NOTE: The **February** meeting was cancelled due to illness and low attendance.

5:30 pm – Networking and ordering dinner.

6:10 – Meeting called to order by President Wilma Eads; Vice President Leslie Cole led us in the Pledge of Allegiance. An Inspiration was given by Claudia Heckart

### REPORTS:

Claudia Heckart gave DeLona Kent's Treasurer's Report. Copies of the approved minutes were emailed to everyone by Secretary Claudia Heckart.

### NEW BUSINESS:

Barbara and DeLona will be the nominating committee.

President Wilma Eads gave us information on State Conference – May 17-19, 2013. Trade tables are available at \$40 for 2 days for members. Download applications from WBW. Please attend if possible, at Hilton Garden Inn in Mukilteo

Evening Event: Tell an anecdote about your business experience. We shared interesting and comic happenings in the workplace.

When we read our fortune cookies, we skewed the message to pertain to BPW, instead of an individual.

Collect was said by all. Meeting was adjourned at 6:55 PM

Respectfully Submitted by  
Claudia Heckart, Secretary



Business and  
Professional  
Women's  
Foundation

*(Press Release March 25, 2013)*

### **White House Spotlights BPW Foundation's Joining Forces Mentoring Plus™**

Business and Professional Women's (BPW) Foundation's career and employment support initiative for women veterans and military/veteran spouses, Joining Forces Mentoring Plus™, was saluted by First Lady Michelle Obama and the Administration at Women's History Month events honoring the contributions of women veterans on Tuesday, March 19.

During the morning, BPW Foundation's Board of Trustees, Joining Forces Mentoring Plus partners, and guests participated in the White House Champions of Change: Women Veterans program where 14 women, including Joining Forces Mentoring Plus™ Advisory Council members and Community/Resource

partners, were recognized for their contributions during and following military service. In her remarks, the First Lady recognized BPW Foundation "for the exceptional work that they do every day for women's veterans."

That evening women veterans were honored at a VIP-packed reception hosted by BPW Foundation at the Women in Military Service for America Memorial (WIMSA). Brigadier General Wilma L. Vaught (Ret), Founder and President of WIMSA, welcomed the women veterans in attendance, acknowledging the diversity of branches, eras, ranks, and ages represented. BPW Board of Trustees' Chair Barbara Henton recognized WIMSA as "the perfect setting to honor our women veterans' histories and celebrate their futures."

Bringing a personal message of gratitude from President and Mrs. Obama, Tina Tchen, Special Assistant to the President and Chief of Staff to the First Lady, thanked every woman veteran for her service. Speaking on behalf of Secretary Erick K. Shinseki, Under Secretary for Memorial Affairs Steve L. Muro reiterated the VA's commitment to women veterans and pledged continued support of Joining Forces Mentoring Plus™ to facilitate veterans' civilian reintegration. Attendee Department of Labor Assistant Secretary for Veterans Employment and Training Services Keith Kelly reiterated his strong support for programs supporting women veterans.

Velma Hart, BPW Foundation Treasurer, welcomed the oldest living woman veteran, 105 year-old LTC Luta Mae Cornelius "Cornie" McGrath, who joined the Army in 1943, before the Women's Army Corps was even established. Others present who play important roles in BPW Foundation efforts on behalf of women veterans included Women Joining Forces Advisory Council members Major General Dr. Irene Trowell-Harris (Ret), Director of the Center for Women Veterans at the VA, Brigadier

General Evelyn "Pat" Foote (Ret), Glenna Tinney, Advocacy Program Coordinator for the Battered Women's Justice Project, Linda Spoonster Schwartz, Commissioner and Commandant, Connecticut Department of Veteran Affairs, US Air Force (Ret), and Ginger Miller, founder of Women Veterans Interactive and a Joining Forces Community Resource Partner.

BPW Foundation CEO, Deborah L. Frett invited every Joining Forces Mentoring Plus™ program mentor, mentee and subject matter expert to step forward: "These women make our program a reality. They embody BPW Foundation's mission: working women helping women work. And they are the reason that this program is enabling women veterans to succeed in civilian careers."

Command Sergeant Major Michele S. Jones (Ret), the first woman U.S. Army Reservist to reach that position, joined Deborah Frett to toast women veteran guests, stating that her "most important title that evening was Joining Forces Mentoring Plus™ mentor."

BPW Foundation recognized and thanked the evening's sponsors: Alliant Credit Union Foundation, Booz Allen Hamilton, Dell/Intel, the DeLonais Foundation, CVS Caremark, ASAE CareerHQ.org, and Capital One.

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The invitation on the following page appeared in a BPW Foundation email entitled "Free Webinar for Veterans Wanting to be Entrepreneurs" sent by the BPW Foundation on April 1, 2013.

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Business and  
Professional  
Women's  
Foundation

BPW Foundation is pleased to share this information about an exciting free webinar for veterans being offered by Women Impacting Public Policy (WIPP) and Give Me 5. This webinar will show you how to use the skills you gained in the military to become a successful entrepreneur.

**Join us on April 3<sup>rd</sup> for a special Give Me 5 Webinar:  
Veteran Entrepreneur Training - Command and Control, the Other Version**  
*Wednesday, April 3rd, 3pm ET / 12pm PT*

Veterans are trained to be leaders and managers. As you exit the military, now more than ever your skills are critical to the success of your business ventures. In this session, you will learn how to apply your military training to a number of business areas such as management, marketing, and sales. This information will improve your possibility for a business success.

**Course Instructor: Kevin Houston, Jabez Enterprise Group (JEGroup) and President, US Veteran's Chamber of Commerce, Dallas Chapter**

**[Click here to register.](#)**

*([http://www.wipp.org/events/event\\_details.asp?id=298720](http://www.wipp.org/events/event_details.asp?id=298720))*

Visit [www.GiveMe5.com](http://www.GiveMe5.com) for more free webinars and podcasts about Federal Contracting.

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Working Women Helping Women Work®

Business and Professional Women's Foundation  
tel: 202.293.1100 | [www.bpwfoundation.org](http://www.bpwfoundation.org) | [foundation@bpwfoundation.org](mailto:foundation@bpwfoundation.org)

**Washington  
Business & Professional Women  
Annual State Conference  
May 17-19, 2013**

**Hilton Garden Inn / 8401 Paine Field Blvd., / Mukilteo WA 98275 / Phone: (425) 423-9000**

**A block of room will be held at BPW Rates until May 1.**

**\$ 109.00 sgl/dbl. \$119.00 triple \$129.00 quad. PLUS TAX — (max. number of guests in room: 4)**

**Complimentary Breakfast for Registered Guests.**

**\*\*\*Make res. directly w/hotel. \*\*\*\* Mention Business & Professional Women (BPW) for rates. \*\*\***

**BPW/WA Annual Conference Registration**

**Hilton Garden Inn, Mukilteo**

**May 17-19, 2013**

Name \_\_\_\_\_ Local Organization \_\_\_\_\_ Evergreen (Year) \_\_\_\_\_

State Office / Standing Chair / LO Pres. \_\_\_\_\_ Email address \_\_\_\_\_

Address \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
 City State Zip Code Phone

Name(s) of Guest(s): \_\_\_\_\_

	Price Each	# of Tickets	\$ Total
**Conference Registration (Everyone Pays)	\$ 50.00		
Friday Italian Buffet Luncheon ... Lasagna/Pasta Primaavera/Vegetables/Salad/Rolls/Dessert/Coffee/Tea	\$ 29.00 Incl. Tax & Tip		
Friday Dinner ... Choice of (1) Roast Pork Loin w/Apple Brandy Sauce: _____ (2) Grilled Chicken Breast w/Sauce Picante: _____ (All dinners include Green Salad, Vegetables, Rolls, Coffee, Tea)	\$ 30.00 Incl. Tax & Tip		
Saturday Southwestern Buffet Luncheon ... Chicken/Beef Fajitas/Spanish Rice/Refried Beans/Salad/Dessert/Coffee/Tea	\$ 28.00 Incl. Tax & Tip		
Saturday Plated Dinner ... Choice of (1) London Broil w/Horseradish Cream Sauce: _____ (2) Herb Encrusted Salmon: _____ (All dinners include Green Salad, Vegetables, Rolls, Coffee, Tea)	\$ 34.00 Incl. Tax & Tip		
** Complete Meal Package:	\$ 121.00		
** Add late fee for registrations postmarked after April 26.	\$ 10.00		
Do you require a receipt? _____ Do you require substitute Vegetarian Meals? _____ Do you require special accommodations under the American Disabilities Act? _____			
<b>Total Amount Enclosed:</b>			<b>\$ _____</b>
Make Checks Payable to: <b><u>BPW/WA Annual Conference</u></b>  Credit Card Payment: Name on Card: _____ Circle: <u>Visa</u> <u>Mastercard</u> Card Number: _____ 3 digit code: _____ Expiration date: _____  <b>Mail this form with payment to: Barbara Luddon, 165 NW Alta Drive, Bremerton WA 98310</b>			
<p align="center"><b>Hilton Garden Inn / 8401 Paine Field Blvd., / Mukilteo WA 98275 / Phone: (425) 423-9000</b>  <b>A block of room will be held at BPW Rates until May 1.</b>  <b>\$ 109.00 sgl/dbl. \$119.00 triple \$129.00 quad. PLUS TAX _____ (max. number of guests in room: 4)</b>  <b>Complimentary Breakfast for Registered Guests.</b>  <b>***Make res. directly w/hotel. **** Mention Business &amp; Professional Women (BPW) for rates. ***</b></p>			

# BPW/WA Annual State Conference

## Trade Show Expo Registration Form

Hilton Garden Inn, Mukilteo

May 17-18, 2013

**Rates:** Standard table approximately 6' with cloth included in fee for both days.

Member: \$25.00 one day, \$40.00 two days

State and Local Fund Raising \* \$10.00 for 1/2 table

Non-Member: \$100.00 two days

**Space is limited.** Please send in registration early,

**Late reservations cannot be accepted and will be returned.**

**Total number of Tables Reserved:** \_\_\_\_\_ x price each = \$ \_\_\_\_\_

A map will be provided of who is at which table, with a game/prize for those who visit each trade table during the conference.

NAME: \_\_\_\_\_

BUSINESS: \_\_\_\_\_

Kind of Products/Services Offered: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening: \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

BPW/Local: \_\_\_\_\_

**Total Payment Enclosed:** \$ \_\_\_\_\_

Make Checks Payable to: BPW/WA Annual Conference

Credit Card Payment:

Name on Card: \_\_\_\_\_ Circle: Visa Mastercard

Card Number: \_\_\_\_\_ 3 digit code: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Mail this form with payment to:

**Barbara Luddon, 165 NW Alta Drive, Bremerton WA 98310**

*Special requests will be reviewed and given consideration. If you need additional power or lighting, we recommend you bring your own equipment and extra power bars.*

**Special Requests or Instructions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ .

BPW/WA cannot guarantee trade tables will be available without a completed registration form and fee by May 1. *Note: The rooms will be locked at the closing of the trade expo each day. BPW/WA and the Hilton Garden will not be responsible for trade vendors goods, displays or equipment.*

### Trade Show Exhibitors

You may also wish

to advertise in the

#### Conference Program:

*Increase the number of visitors to your table.*

\*

*Encourage members to stop at your table for raffles, giveaways, samples.*

\*

*Promote a special or discount to members.*

\*

*Easy access to your name, number and business information by advertising in the Conference Program.*

\*

*Your business will keep advertising after the Conference is over.*

\*

### BPW/WA

#### Annual Conference

#### Program Advertising

**Business Card:**

Member: \$10.00

Non-member: \$20.00

**1/4 Page:**

Member: \$20.00

Non-member: \$40.00

**1/2 Page:**

Member: \$30.00

Non-member: \$60.00

**Full Page:**

Member; \$50.00



Barbara Luddon  
 165 NW Alta Drive  
 Bremerton, WA 98310

To:



**2013**

- April 1            April Fools' Day
- April 10         Port Orchard BPW monthly meeting  
Towne Center Mall Events Center
- April 5-6        Washington State Science &  
Engineering Fair – Bremerton High  
School, Bremerton
- April 22         Earth Day
- May 17-18      BPW/WA State Conference  
Hilton Garden Inn, Mukilteo, WA



**April 22**  
**Earth Day**



**Washington State Science  
 & Engineering Fair**  
 Promoting Future Scientists & Engineers

**Bremerton High School**  
**April 5-6, 2013**