



The Kitsap Wave



A Newsletter for Port Orchard Business and Professional Women
(Editor: Barbara Luddon, 360-373-0431, barbluddon@q.com)
February 2013

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Website:
www.bpwportorchard.org

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www.bpwwa.org



BPW WA 2012-2013:
"Planting Roots for the
Future"

Business and Professional Women's Foundation is creating successful workplaces by focusing on issues that impact women, families and employers. Successful Workplaces are those that embrace and practice diversity, equity and work life balance. BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and business. BPW Foundation is a 501(c)(3) research and education organization.

The Business and Professional Women's Foundation
1718 M Street, NW
Washington, D. C. 20006
www.bpwfoundation.org



February Meeting

Port Orchard BPW
Wednesday
February 13, 2013
5:30 PM

Town Square Events Center
1700 SE Mile Hill Drive
Port Orchard

There will be a panel comprised of Jennifer Hardison, Linda Joyce, and Randi Reed, discussing "Challenges in the Workplace."

Contact DeLona Kent at 360-871-0208 for further information and reservations.

President's Message ...

You are in my heart!

I love hearts! I have a favorite heart story. As a small child, after the Bible story at vacation Bible school, the leaders asked if we wanted to give our hearts to Jesus. Most raised their hands. I did not. The leaders came back to me and asked me why I had not raised my hand. I replied, "I have to give part of it to Grandma!" Later, I gave all my heart and life to Christ, but Grandma always meant the world to me.

I have another heart story. February 14, 1960, after a lovely dinner, Jack gave me my

engagement ring. I ran all the way home to the dorm to show my roomies.

My third and last heart story took place in March 2008. I finally was able to see Jack after his open heart surgery. What a shock! He looked like an archeological Chinese cement soldier: he was so swollen and corpse-like. But you see, he was alive and his heart was in better, finer shape than ever. I am so thankful for his heart which has always been warm and fiery toward me.

Our hearts will be warmed and challenged at our February 13th meeting at the Events Center in the Towne Square Mall by our panel, Jennifer Hardison, Linda Joyce and Randi Reed as they discuss "Challenges in the Workplace." Invite your friends and all prospective members. With heart warm with your love and presence,

Wilma Eads

Jockey Person to Person Party Fundraiser Report

In the January newsletter I indicated that my showcase of my business at the January meeting would be treated as a JP2P "party" and that I would donate 10% of this party's total sales to the Port Orchard BPW scholarship fund. Counting sales to a couple of my friends from church, purchases made by several members at the meeting, and my post meeting order, we managed to have a \$330.10 party. Thus, I will be issuing a check to Port Orchard BPW for \$33.

--Barbara Luddon



Business and
Professional
Women's
Foundation

**News for BPW Foundation
Legacy Partner Members**
(January 11, 2013 email)



**Can you take six weeks to
start changing your
everyday?**

**Don't make another New
Year's resolution
YOU can't keep.**

It is hard to make a promise that will last all year. But what about six weeks? That sounds more manageable right?

Six weeks is what it will take to start learning how to better manage your household finances.

Six weeks is what it will take to start learning how to write poetry.

Six weeks is what it will take to start learning how to take the 12 steps to a better job search.

Can you spend six weeks to start changing your everyday? Start the New Year off right. Do something for **YOU**. Discover something **YOU** want to learn.

BPW Foundation, partnering with Ed2Go, offers a wide range of highly interactive courses that you can take entirely over the Internet. Ed2go is the industry leader in online learning for adults, providing high-quality online continuing education courses that are affordable and easy to use through a network of over

1,800 top colleges and universities.

All of the courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, and convenient and geared for you the busy woman.

**Ready to explore our
catalog? Check it out now.**

[Go to <http://www.ed2go.com/bpwfdn/> and click on View Catalog.]

Rheumatoid Arthritis

(Editor's Note: The following is based on emails of January 18 and January 24, 2013.)

The (Working) Women's Rheumatoid Arthritis Project (WRAP2013) was launched with an online chat January 31, 2013 at 2 pm EST. The invitation to participate in the online chat (issued in the January 24 email) is shown below.

Are you a working woman suffering from Rheumatoid Arthritis? Do you employ women suffering from Rheumatoid Arthritis?

Rheumatoid Arthritis (RA) affects nearly 2 million Americans and disproportionately attacks women at a rate three times that of men. During 2013, BPW Foundation and WIPP* will provide online and grassroots information for women and employers on the effects of RA, with a particular focus on employment and workplace issues.

While much information is available on the science and treatment of Rheumatoid Arthritis, this program will prompt and generate meaningful discussions among women employees along with employers of women, seen through the lens of how RA

affects and impacts working women.

Please join us for the launch of the (Working) Women's Rheumatoid Arthritis Project (WRAP2013) for an online chat.

WHEN: January 31, 2013 at 2pm EST.

Click here to register.

If you are a Rheumatoid Arthritis sufferer and would be willing to share your particular RA story and play a role in this online conversation, please email BPW Foundation (foundation@bpwfoundation.org).

If you are an RA sufferer living in Philadelphia, PA; Sacramento, CA; Tampa, FL; Phoenix, AZ; or Boston, MA and have an interest in joining one of our upcoming "live" discussion panels in your area, please email BPW Foundation (foundation@bpwfoundation.org).

Thank you in advance for your participation, and for your help in creating this important dialogue to help working women suffering from Rheumatoid Arthritis. We look forward to navigating the path to good health and wellness with you throughout the year.

Sincerely,

Deborah L. Frett

**Women Impacting Public Policy (WIPP) is a nonpartisan organization which educates and advocates on behalf of women-owned businesses.*



Port Orchard, Washington
Business and Professional Women
Meeting Minutes
Wednesday, January 09, 2013
At the Lighthouse Restaurant in Port Orchard
Attendance: 8

5:15 pm – Networking and ordering dinner.

5:45 – Meeting called to order by President Wilma Eads; VP Leslie Cole led us in the Pledge of Allegiance. An Inspiration was given by Mary Asplin, followed by Introduction of Members, and dinner.

REPORTS:

- DeLona Kent gave the Treasurer's Report -
- Copies of the approved minutes were emailed to everyone by Secretary Claudia Heckart.

NEW BUSINESS:

- DeLona Kent led a discussion on what to do with funds from two Auctions held at previous meetings. Leslie Cole moved that the proceeds from our two recent auctions be used for our scholarship funds. It was seconded by Mary Asplin. Motion carried
- Lobby Day January 28th. Starts at 8:00 am. President Wilma Eads will contact Margaret Way to drive everyone. No decision yet as to who all will be going.
- Feb 13th meeting: Black History Month, Valentines month, BPW Foundation month. Have a panel of women speakers? Randi (and Frank) Reed? Jennifer Hardison? Linda Joyce (WYCA)? VP Leslie Cole will be the moderator.
- We received a letter from the Soroptomists – they are having an auction dinner and would like a contribution from us. Yes or no? General consensus: not something we want to participate in.

PROGRAM:

Instead of a guest speaker, we had our members' businesses represented. They were:

Scentsy (Carrie Lovell); Grace Adele (Claudia Heckart); Jockey Person to Person (Barbara Luddon); and Wilma's Whole Heart Accessories (Wilma Eads).

There was a great display of the different products, and a chance to shop right here in our own meeting.

Raffle won by Carrie Lovell, our guest.

Collect was said by all.

Meeting was adjourned at 7:37 P.M.



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 165 NW Alta Drive
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2013

February	Foundation Month
February	Black History Month
February 1	♥ Go Red for Women Day ♥
February 2	Groundhog Day
February 13	Port Orchard BPW monthly meeting, Town Square Events Center
February 14	♥♥ Valentine's Day
February 18	Presidents Day
March	National Women's History Month
May 18, 19	BPW/WA State Conference in Lynnwood (hosted by Greater Everett BPW)

